

## What is the Health Home Program?

In New York State, many people get their health benefits through the Medicaid Program. Most people are generally healthy; however, others may have chronic health issues and cannot find the appropriate providers and services.

Without the right service providers, it is hard for people to get well and to stay healthy. New York State's **Health Home** program was created with these people in mind.

The goal of the **Health Home** program is to make sure its members get the care and services they need. This may mean fewer trips to the emergency room or less time spent in the hospital. It could mean getting regular care and services from doctors and other providers or finding a safe place to live and a way to get to medical appointments, when necessary.



**If you are on MEDICAID,  
ENROLLMENT IS FREE  
of charge to you!**

## What is a Health Home?

A “**Health Home**” is not a place – it is a group of health care and service providers working together to make sure you get the care and services you need to stay healthy.

Once you are enrolled in a **Health Home**, you will have your own care manager. The care manager will work with you to set up a care plan and appointments, and get the services you need to put you on the road to better health. Some of the services may be:

- Health care providers
- Mental health and substance abuse counselors
- Medications
- Housing
- Social services (such as food, benefits, locating transportation, etc.)
- Other community programs that will support and assist you

## Is a Health Home Right for YOU?

If you are a Medicaid recipient, or believe you may qualify for Medicaid, think about the following questions:

1. Do you have a doctor you can see when you need to?
2. How many times have you been in the emergency room or hospital in the past six months? Twelve months?
3. Do you have a safe place to live?
4. Do you have someone in your life to help you whenever you need help?
5. Do you have difficulty keeping medical appointments?
6. Do you have chronic or mental health conditions for which you need regular doctor's care?

## Do I have to enroll in Health Home?

No. Enrolling in the **Health Home** program is your choice. If you decide to enroll in the **Health Home** program, the Care Manager will help you manage all of your health care and social service needs. Once you enroll, you may choose to leave the program at any time.

## HOW do I enroll in a Health Home?

You can talk to your *Community Health & Home Care* nurses to find out if you are eligible to enroll. You also may be referred to a **Health Home** by Medicaid based on care and services you have already received. You can be referred by your Managed Care plan, doctor, specialist, hospital emergency room doctor/discharge planner, or Social Service District.

**When you enroll, you will receive your own Care Manager who will help you get the care and services you need to stay healthy and living your best life!**

Each person has different needs at various phases in their lives. Your Care Manager will work with all those involved with your care to make sure all of your needs are met. Additionally, your Care Manager can be your advocate by helping you talk to those you love so they better understand YOU and what YOU NEED!

## Referring to Community Health & Home Care

### APPOINTMENT INFORMATION

Health Home:

**COMMUNITY HEALTH  
& HOME CARE**

Date and Time:

\_\_\_\_\_ at \_\_\_\_\_ am/pm

Appointment is:

with \_\_\_\_\_  
Care Manager

at the \_\_\_\_\_  
Housing Authority

in \_\_\_\_\_  
County

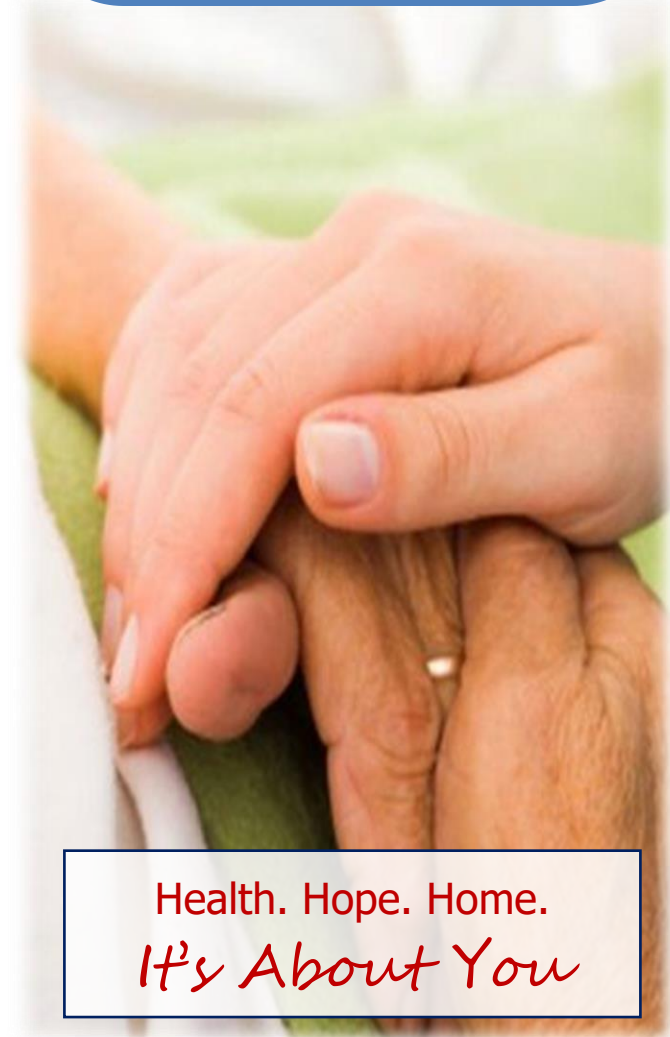
**Are you, or someone you love,  
in need of a Health Home?**

**Place a referral by calling  
607-882-2565**



**Community  
Health &  
Home Care**

**MEDICAID  
Health Home Program  
for Tompkins County**



**Health. Hope. Home.**  
*It's About You*